U.S. AIR FORCE

BASIC MILITARY TRAINING

8.5 WEEK SCHEDULE

WEEK 0

ACTIVITIES AND REQUIREMENTS

- First week briefing
- 737th Training Group/Commander (CC)/Superintendent (CCC) briefing
- Clothing, running shoe and equipment issue
- Dorm and drill basics
- Haircuts
- Coping with BMT
- Health, morale and welfare
- Immunization and blood draw
- Initial Base Exchange (BX) issue
- Initial phone call
- Pay
- Physical training
- Uniform Code of Military Justice (UCMJ)

WEEK 1

ACTIVITIES AND REQUIREMENTS

- Reporting and saluting procedures
- Entry control procedures
- Medical and dental appointments
- Fitness and nutrition briefing
- Educational benefits briefing (Montgomery GI Bill/ Post 9/11)
- ID card issue
- Individual drill
- Flight drill
- Dorm/recruit living area preparation
- Air Force rank insignia recognition
- Weapon issue and familiarization
- Human relations and cultural sensitivity
- Air Force initial PT assessment
- Airmen's Time
- Commanders arrival briefing
- Dress appearance
- Physical training
- Immunizations
- Intro to classroom procedures
- Military entitlements and educational opportunities
- Suicide awareness and prevention
- Chapel guide meeting

WEEK 2

ACTIVITIES AND REQUIREMENTS

- Career guidance
- Air Force History
- Air Force Organization
- Airmen's Time—Flight commander team building "which side"
- Airmen's Time—P2 debriefing
- Airmen's Time
- Drill
- Profession of arms
- Chapel guide meeting
- A new beginning
- What Now Airman—Sign the form
- Human relations
- Basic situational awareness
- Open ranks/D&A 1 progress check
- Weapon handling and maintenance
- Professional interpersonal interactions
- Physical training
- Recruit living area appraisal and evaluation

WEEK 3

ACTIVITIES AND REQUIREMENTS

- Second clothing issue
- Dress and appearance (service uniform)
- Interview sessions
- 3 Week of Training (WOT) PT appraisal
- Airmen's Time
- Airmen's Time—P2 debriefing
- Basic leadership and character
- Chapel guide meeting
- Cyber awareness
- Drill
- Weapons handling and maintenance
- Professional Airman
- Resilience
- What Now Airman—Extra duty
- Healthy lifestyle and adapting to the Air Force
- Physical training
- Public relations and the media
- Trafficking in persons awareness
- Warrior role

WEEK 4
ACTIVITIES AND REQUIREMENTS

- Airmen's Time
- Airmen's Time—Flight commander team building "copycat"
- Airmen's Time—P2 debriefing
- Base liberty briefing
- Chapel guide meeting
- Haircuts
- Drill
- Consequences
- Real responsibilities of Airman
- What Now Airman—Big brother
- Physical training
- Base referral agencies
- Career progression and Air Force quality of life
- Environmental awareness
- Financial readiness
- Joint ethics
- Military citizenship
- Sexually transmitted diseases
- Sexual Assault Prevention and Reporting (SAPR)
- Recruit living area appraisal
- Antiterrorism/force protection level 1

WEEK 5
ACTIVITIES AND REQUIREMENTS

- Airmen's Time
- Airmen's Time—FC team building "box score"
- Balance
- My role in mission
- Warrior ethos
- What Now Airman—Relationships
- Military skills development progress check
- Physical training
- Weapons progress check
- Individual portraits and flight photos
- Second boot issue
- Recruit living area progress check
- Combat stress recovery
- Intro to Air Force combatives
- Intro to Code of Conduct
- Joint operations
- Law of armed conflict
- Mental preparation for combat
- Principles in first aid
- Drill
- Drill progress check

WEEK 6
ACTIVITIES AND REQUIREMENTS

- Computer-based training/Air Force portal familiarization
- Written test
- Physical Training (PT) evaluation
- Air and Space Expeditionary Force and pre-deployment briefing
- Air Force fitness program
- Airmanship core value briefing
- Airmen's Time—Flight commander team building "self assessment"
- Airmen's Time
- Hometown news release
- Chemical, Biological, Radiation and Nuclear (CBRN) defense
- Drill
- Leadership/followership
- Not everything is gray
- Professional competence
- What Now Airman—Help wanted
- Foundational Expeditionary Skills Training (FEST)
- Open ranks/D&A 2 PC
- Physical training
- Chapel guide meeting

WEEK 7
ACTIVITIES AND REQUIREMENTS

- Physical training
- Basic Expeditionary Airman Skills Training (BEAST)/zone orientation
- Blood donors
- Combat Arms Training and Maintenance (CATM)
- Combatives applications
- Pugil sticks teaching and application
- Creating Leaders, Airmen and Warriors (CLAW) field exercises
- Deployment line processing/equipment issue
- SERE 2–5 video
- Mission field exercises
- Refresher drills (FEST, first aid, UCC, PAR)
- Zone teardown/remediation training/equipment turn-in
- Drill

WEEK 8
ACTIVITIES AND REQUIREMENTS

- Physical training
- Airmen's Time
- What Now Airman—Celebration
- Risky business
- Haircuts
- Orders pickup/tech training school briefing
- Commander's departure briefing
- Town pass briefing
- Base liberty
- Open house
- Town pass
- Airman's Run
- Airman's Coin and formal retreat ceremony
- Airman's Parade
- Graduation