

BASIC MILITARY TRAINING 8.5 WEEK SCHEDULE

WEEK 0

ACTIVITIES AND REQUIREMENTS

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| First week briefing | Immunization and blood draw |
| 737th Training Group/Commander (CC)/Superintendent (CCC) briefing | Initial Base Exchange (BX) issue |
| Clothing, running shoe and equipment issue | Initial phone call |
| Dorm and drill basics | Pay |
| Haircuts | Physical training |
| Coping with BMT | Uniform Code of Military Justice (UCMJ) |
| Health, morale and welfare | |

WEEK 1

ACTIVITIES AND REQUIREMENTS

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| Reporting and saluting procedures | Human relations and cultural sensitivity |
| Entry control procedures | Air Force initial PT assessment |
| Medical and dental appointments | Airmen's Time |
| Fitness and nutrition briefing | Commanders arrival briefing |
| Educational benefits briefing (Montgomery GI Bill/Post 9/11) | Dress appearance |
| ID card issue | Physical training |
| Individual drill | Immunizations |
| Flight drill | Intro to classroom procedures |
| Dorm/recruit living area preparation | Military entitlements and educational opportunities |
| Air Force rank insignia recognition | Suicide awareness and prevention |
| Weapon issue and familiarization | Chapel guide meeting |



WEEK 2

ACTIVITIES AND REQUIREMENTS

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| Career guidance | What Now Airman—Sign the form |
| Air Force History | Human relations |
| Air Force Organization | Basic situational awareness |
| Airmen's Time—Flight commander team building "which side" | Open ranks/D&A 1 progress check |
| Airmen's Time—P2 debriefing | Weapon handling and maintenance |
| Airmen's Time | Professional interpersonal interactions |
| Drill | Physical training |
| Profession of arms | Recruit living area appraisal and evaluation |
| Chapel guide meeting | |
| A new beginning | |

WEEK 3

ACTIVITIES AND REQUIREMENTS

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| Second clothing issue | Weapons handling and maintenance |
| Dress and appearance (service uniform) | Professional Airman |
| Interview sessions | Resilience |
| 3 Week of Training (WOT) PT appraisal | What Now Airman—Extra duty |
| Airmen's Time | Healthy lifestyle and adapting to the Air Force |
| Airmen's Time—P2 debriefing | Physical training |
| Basic leadership and character | Public relations and the media |
| Chapel guide meeting | Trafficking in persons awareness |
| Cyber awareness | Warrior role |
| Drill | |



WEEK 4

ACTIVITIES AND REQUIREMENTS

Airmen's Time	Base referral agencies
Airmen's Time—Flight commander team building "copycat"	Career progression and Air Force quality of life
Airmen's Time—P2 debriefing	Environmental awareness
Base liberty briefing	Financial readiness
Chapel guide meeting	Joint ethics
Haircuts	Military citizenship
Drill	Sexually transmitted diseases
Consequences	Sexual Assault Prevention and Reporting (SAPR)
Real responsibilities of Airman	Recruit living area appraisal
What Now Airman—Big brother	Antiterrorism/force protection level 1
Physical training	

WEEK 5

ACTIVITIES AND REQUIREMENTS

Airmen's Time	Second boot issue
Airmen's Time—FC team building "box score"	Recruit living area progress check
Balance	Combat stress recovery
My role in mission	Intro to Air Force combatives
Warrior ethos	Intro to Code of Conduct
What Now Airman—Relationships	Joint operations
Military skills development progress check	Law of armed conflict
Physical training	Mental preparation for combat
Weapons progress check	Principles in first aid
Individual portraits and flight photos	Drill
	Drill progress check

WEEK 6

ACTIVITIES AND REQUIREMENTS

Computer-based training/Air Force portal familiarization	Drill
Written test	Leadership/followership
Physical Training (PT) evaluation	Not everything is gray
Air and Space Expeditionary Force and pre-deployment briefing	Professional competence
Air Force fitness program	What Now Airman—Help wanted
Airmanship core value briefing	Foundational Expeditionary Skills Training (FEST)
Airmen's Time—Flight commander team building "self assessment"	Open ranks/D&A 2 PC
Airmen's Time	Physical training
Hometown news release	Chapel guide meeting
Chemical, Biological, Radiation and Nuclear (CBRN) defense	



WEEK 7

ACTIVITIES AND REQUIREMENTS

Physical training	Deployment line processing/equipment issue
Basic Expeditionary Airman Skills Training (BEAST)/zone orientation	SERE 2-5 video
Blood donors	Mission field exercises
Combat Arms Training and Maintenance (CATM)	Refresher drills (FEST, first aid, UCC, PAR)
Combatives applications	Zone teardown/remediation training/equipment turn-in
Pugil sticks teaching and application	Drill
Creating Leaders, Airmen and Warriors (CLAW) field exercises	

WEEK 8

ACTIVITIES AND REQUIREMENTS

Physical training	Open house
Airmen's Time	Town pass
What Now Airman—Celebration	Airman's Run
Risky business	Airman's Coin and formal retreat ceremony
Haircuts	Airman's Parade
Orders pickup/tech training school briefing	Graduation
Commander's departure briefing	
Town pass briefing	
Base liberty	

