## WEEK 0
**ACTIVITIES AND REQUIREMENTS**
- In processing
- Haircuts
- Learn reporting statement
- Flight assignment
- Clothing and equipment issue
- Dorm and drill basics
- Individual duty assignment

## WEEK 1
**ACTIVITIES AND REQUIREMENTS**
- Reporting and saluting
- Entry control procedures
- Medical and dental appointments
- Fitness and nutrition
- Educational benefits briefing [MGIB/Post 9/11]
- Air Force History 101
- ID card issue
- Individual drill
- Flight drill
- Dorm preparation
- Air Force rank insignia
- Weapon issue
- Weapon parts identification
- Human relations and cultural sensitivity

## WEEK 2
**ACTIVITIES AND REQUIREMENTS**
- Career guidance
- Warrior role
- Weapon handling and maintenance
- Air Force History II
- Suicide awareness and prevention
- Comprehensive Airman’s fitness
- Basic leadership and character
- Basic situational awareness
- Military citizenship
- Cyber awareness
- Joint ethics

## WEEK 3
**ACTIVITIES AND REQUIREMENTS**
- Mental preparation for combat
- Law of armed conflict
- Introduction to Air Force combatives
- Antiterrorism/force protection level 1
- Joint warfare
- Haircuts
- Second clothing issue
- Dress and appearance [service uniform]
- Interview sessions
**WEEK 4**

**ACTIVITIES AND REQUIREMENTS**

- CBRNE/chamber training
- Principles of first aid
- Sexual Assault Prevention and Reporting (SAPR)
- Foundational Expeditionary Skills Training (FEST)
- Integrated defense
- Cover and concealment
- Tactical movement
- Firing positions
- Force Protections Conditions (FPCON)
- Defensive fighting positions
- SALUTE (Size/Activities/Location/Unit ID/Time/Equipment) reporting
- Individual portraits and flight photos
- Introduction to the Code of Conduct
- AEF (Air Expeditionary Force) prep
- Weapons evaluation (breakdown and assembly)

**WEEK 5**

**ACTIVITIES AND REQUIREMENTS**

- Basic Expeditionary Airman Skills Training (BEAST)
- Refresher drills (FEST, first aid, UCC and PAR)
- Combat Arms Training and Maintenance (CATM)
- Combatives application
- Pugil stick application
- Creating Loaders, Airmen and Warriors (CLAW)
- Field exercises

**WEEK 6**

**ACTIVITIES AND REQUIREMENTS**

- Environmental awareness
- Financial management
- Sexually transmitted diseases
- Combat stress recovery
- Base referral agencies
- Computer base training/Air Force Portal familiarization
- Military entitlements and education opportunities
- Career progression and Air Force quality of life
- Written test
- Evaluation of drill, reporting and courtesies
- Physical Training (PT) evaluation

**WEEK 7**

**ACTIVITIES AND REQUIREMENTS**

- Airmanship and core values
- Air Force fitness program
- Haircuts
- Technical School briefing
- Squadron commander’s departure briefing
- Town pass briefing
- Airman’s Run
- Honor graduate recognition
- Airman’s Coin and formal retreat ceremony
- Airman’s Parade
- Graduation

**AIRMEN’S WEEK**

**ACTIVITIES AND REQUIREMENTS**

- Commander’s Welcome briefing
- Character-development training